



DISCOVERY PROGRAMME

**NEURO-AFFIRMING  
SIGNPOSTING  
RESOURCES FOR  
AUTISTIC ADULTS**

[www.thrivingautistic.org](http://www.thrivingautistic.org)



## **DISCOVERY PROGRAMME**

Please note: this information and signposting is a live document of resources shared from within the Autistic community in our Discovery Programme.

It is not intended to endorse all organisations or people listed.

Whilst we have taken care to try and find neuro-affirming information to support you we are not responsible for other people's work which may change over time or may not resonate with you.



DISCOVERY PROGRAMME  
LET'S DISCOVER MORE ABOUT

# INTERSECTIONALITY

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# Thriving Autistic Discovery Programme

## Resources about Intersectionality

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### Watching

#### Neurodiversity & Intersectionality – YouTube Video

<https://youtu.be/ViDtnfQ9FHc?si=7oUhkUftL1WLiCsp>



*These resources that have been collated through our TA community and through the Discovery Programme for Autistic Adults. TA aims to share neuro-affirmative work however we are not responsible or affiliated with any of the resources listed. We encourage you to do your own research and follow what feels right for you.*

# Thriving Autistic Discovery Programme

## Resources about Intersectionality

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### Reading

#### Neurodiversity and Intersectionality – Daisy Chain Project

<https://daisychainproject.co.uk/neurodiversity-and-intersectionality/>

#### Why Intersectionality is Important in Understanding Autism – Emergent Divergence (David Gray-Hammond)

<https://emergentdivergence.com/2025/01/27/why-intersectionality-is-important-in-understanding-autism/>

#### Autism in Black

<https://www.autisminblack.org/>

#### Lydia X. Z. Brown – Website

<https://www.lydiaxzbrown.com/>

#### The Color of Autism Foundation

<https://thecolorofautism.org/>



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### Reading

**Foundations for Divergent Minds**

<https://www.divergentminds.org/>

**Jewish Autism Network**

<https://www.jewishautismnetwork.com/>

**Muhsen – Muslim Disability Inclusion**

<https://muhsen.org/who-we-are/>

**ND Therapists Directory**

<https://ndtherapists.com/>



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# Thriving Autistic Discovery Programme Resources

This booklet highlights just a few of the resources we have found useful or have been shared with us through our

**Discovery Programme** for Autistic adults.

It is a living document and we will edit and add to this over time. Please feel free to share anything you have found neuro-affirming and valuable for yourself.

If you need support please check out our:

**[Neurodivergent Practitioners Directory](#)**

A directory of Neurodivergent, neuro-affirmative practitioners hosted by Autistic-led nonprofit,  
Thriving Autistic

**[Facebook](#)**

**[Twitter/X](#)**

**[LinkedIn](#)**

**[BlueSky](#)**

**[Instagram](#)**



*[www.thrivingautistic.org](http://www.thrivingautistic.org)*